



The freshest lunch in town.

Healthy local ingredients, made from scratch daily.

GALLEY

Breakfast

Breakfast Box	\$6
Gluten-Free Morning Glory Muffin, Hard Boiled Egg, Local Cheese, Walnut & Dried Fruit Trail Mix, Fresh Strawberries & Blueberries <i>gluten free, vegetarian</i>	
Coffee (per person)	\$4
Locally Roasted Compass Coffee with organic milk, sweeteners, and cups. Delivered hot.	
Tea (per person)	\$4
Artisanal tea sourced by Compass Coffee with organic milk, sweeteners, and cups. Delivered hot.	
Fresh Squeezed Orange Juice	\$4

Snacks

Local Fruit Box	\$5
Sliced seasonal fruit, sourced locally <i>gluten free, vegetarian, nut free, dairy free</i>	
Crudite Box	\$5
Three types of sliced baby vegetables with our homemade herb peppercorn dressing <i>gluten free, vegetarian, nut free</i>	
Route 11 Chips	\$2
Lightly salted, BBQ and Sour Cream & Chive <i>gluten free, vegetarian, nut free, dairy free</i>	
Chocolate Chip Cookie	\$3
Our homemade cookie featuring imported Callebaut dark & milk chocolate chips <i>nut free</i>	
Peanut Butter Cookie	\$3
Peanut butter & freshly roasted peanuts make this gluten free cookie a customer favorite <i>gluten free</i>	

Lunch Sandwiches

Pulled Chicken Sandwich	\$9
Lightly smoked pulled chicken, apple, and gouda served on a pretzel bun <i>nut free</i>	
Roasted Turkey & Avocado Sandwich	\$10
Roasted local Maple Farms Turkey with avocado, seared corn, havarti, butter lettuce and honey mustard on a multigrain roll <i>nut free</i>	
Avocado BLT Sandwich	\$9
Locally sourced bacon is paired with avocado, butter lettuce, tomato, with a cilantro lime mayo and served on brioche bread <i>nut free</i>	

Sides

Kale Caesar Salad	\$5
Kale, Parmesan, and crunchy Garbanzo Beans get paired with our addictive caesar dressing <i>gluten free, vegetarian, nut free</i>	
Roasted Tomato & Feta Pasta Salad	\$5
For a heartier side, fusili pasta, oven roasted tomatoes, and feta are paired with our lemon herb vinaigrette <i>vegetarian, nut free</i>	
Marrakesh Carrot Salad	\$5
Shredded carrots, chickpeas, dates, lemon, pistachios and herbs create one of our most popular salads <i>gluten free, vegetarian, dairy free</i>	
Green Side Salad	\$5
Mixed greens, grape tomatoes, avocado, and cucumber with a balsamic vinaigrette <i>gluten free, vegetarian, dairy free, nut free</i>	

Lunch Salads

Farmhouse Salad	\$10
Carrots, Cucumber, Grape Tomatoes, Jicama, and 3 types of cheese are served over mixed greens with our homemade herb peppercorn dressing <i>nut free, gluten free, vegetarian</i>	
Strawberry Salad with Chicken	\$12
Summer at its finest: spiced grilled chicken, strawberries, oranges, barley, onion, and feta are served over mixed greens with our strawberry vinaigrette <i>nut free</i>	

Lunch Made Easy

The Perfect Lunch	\$14
Sandwich + Chips or Side + Cookie <i>priced per person</i>	
Lunch Box (our most popular option)	\$13
Sandwich + Chips or Side <i>priced per person</i>	

Drinks

Orange Sparkling LaCroix	\$2
San Benedetto Spring Water	\$2
Coconut Water	\$4
Iced Tea	\$3
Coke	\$2
Diet Coke	\$2